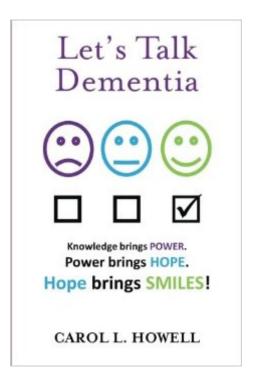
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Let's Talk Dementia: A Caregiver's Guide





Synopsis

Letâ ™s Talk Dementia! Carol Howell, a Certified Dementia Specialist and caregiver to her mother, helps to educate the reader on the various forms of dementia. She also provides hands-on tips that make life easier for the caregiver and better for the loved one with dementia. The book is scattered with a cesmilesa • that brighten the day. The author reminds the readers of her mottoå "å •Knowledge brings POWER. Power brings HOPE, and HOPE brings SMILES.å • Youâ ™ve just got to laugh! â œLetâ ™s Talk Dementia is an informative and reassuring guide that will help you through what, for many people, can seem like an overwhelming challenge. By making medical information easy to understand and providing practical tips for dealing with countless day-to-day situations, this handy book gives you everything you need.â • - Dr. Neal Barnard, MD, Best Selling Author and frequent guest on The Ellen DeGeneres Show, CBS Morning Show, and many others â œThis is a well written book for the families affected by Alzheimerâ ™s disease. It is easy to understand and provides excellent education and guidance to the caregivers in their struggle to manage their relatives. This should be a must read for anyone involved in Alzheimerâ ™s care.â • - M. Reza Bolouri, MD â œSpot on advice from someone who knows dementia. If someone you love has dementia, you need this book.â • - Dr. Steve Oehme Published in connection with Hartline Literary Agency, serving the Christian book community. Visit us at www.hartlineliterary.com.

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Medicine > Neurology

Customer Reviews

I really enjoyed this book. My grandma and great grandma both had Alzheimer's disease, and I completely understand how tough things can get sometimes. What I liked about this book, is that it stayed positive and encouraging, while reminding you to laugh a little. Throughout the book, Carol gives you "Smiles" with a funny little story to help keep your spirits up. This book is easy to read, informative, and gives great advice. Carol not only talks about how to care for your loved one, but also how to keep your home a safe place for them and even includes a chapter on how to help prevent dementia. I would recommend this to anyone who has a loved one with dementia or anyone who wants to know more about it.

This book by Ms. Howell has been one of the greatest tools for dealing with a loved one suffering from dementia. Not only does she help clarify so many of the things we are going through, but she brings tenderness and humor to the situations in a way that helps me get through each day just a little better. The parts on dealing with someone in a nursing home has been so beneficial to me when visiting there, as I realize now a little better, just what is going through their minds, and how to reach out so much easier to them. Great job, and highly recommended as Ms. Howell knows her subject well.

When my literary agent suggested I read this book, I balked. The LAST topic I wanted to talk about--or read about--was dementia!But when a loved one showed signs of the onset of dementia, I took my agent's advice--and surprised myself by the delight I took in this well-written, entertaining book. In her warm, converstational tone, Ms. Howell walks the reader through the various stages of dementia--using mostly her own experience with her mother. She offers expert, practical tips on how to manage your emotions and help your loved one through this horrible time. She's even included jokes at the end of each chapter to help the reader see the lighter side. I so appreciate her caring, funny approach. If you only read one book to educate and aid you in helping a dementia victim, this is the one I recommend. Thank you, Ms. Howell, for opening your heart and our minds by talking about dementia!

Great book!!! Lots of information and tips on day to day living with someone that has Dementia. Things like why they do or say things and how to respond along with explanations about Dementia. Very easy to read and understand. I have a family member with Alzheimers type of Dementia and I found it quite helpful.

everyone should read this book! it is clearly written, has wonderful information for caregivers - but also enlightens everyone else what to expect from dementia, alzheimers, etc It will help you understand what the person is going thru and what you will have to deal with, how to help them each day, through every situation they may face. I cant stress enough how important this book is, and how well written - not in medical terms but in normal layman's terms, everyone can understand. Well done Carol!!!!! Bless you for your research, information and willingness to share it.

My husband has dementia and my son alerted me to this book. Although I have read a number of things and also attended caregiver's classes, this book somehow was more meaningful to me and presented it in a different light. It is very worthwhile and I hope our children will read it.

This book arrrived in a timely manner and had all the material expected in it. I would highly recommend it to any caregiver of a dementia patient as it explains the disease and how to cope with the daily challenges. Very excellent transaction.

This is the best book I have read for a better understanding of dementia. It is great to order for others! It has some very practical information for dealing with a family member or friend. It is also a short read!

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